

## LPST Equipment Needs\*

\*All text in blue are hyperlinks that will take you directly to that product.

\*Keep your receipt(s) in case a return becomes necessary

- **Kickboard**

  - [Junior, 10 & younger](#)

  - [Regular size, 11 & older](#)

- **Pull Buoy**

  - [Junior, 10 & younger](#)

  - [Regular, 11 & older](#)

- [Mesh bag](#) (to carry wet things in)

- [Paddles, 12 & older](#) (ask coach on paddle size recommendation)

- [Snorkel](#)

- **Goggles**

  - [Junior, 11 & younger](#)

  - [Regular, 12 & older](#) (those with a narrow face may need a junior goggle)

- **Practice swimsuit** (Request info from Head Coach on swimsuit needs for racing at swim meets)

  - [Male, youth](#)

  - [Female, youth](#)

  - [Male jammer for older swimmers](#)

  - [Female swimsuit for older swimmers](#)

- **Fins**

  - [TYR Stryker silicone fins](#) (sizing chart available on product page)

  - [Sporti Essential Training fins](#) (more size options than TYR fins)